



Capital Improvement Project - *Past, Present, Future*



M O L O K A I
COMMUNITY HEALTH CENTER



OVERVIEW

Moloka'i Community Health Center (MCHC) purchased the 5.9 acre historic former Pau Hana Inn property in 2009 in an effort to meet the growing need for expanded facilities and services. Improvements to the property are designed around 3 major phases. This report provides a summary of the MCHC Capital Improvement Project (CIP) as of February 2013. It also lays out the future vision of providing critical preventative health resources including community gardens, walking paths, healthy eating, ocean access, & cultural practice spaces.

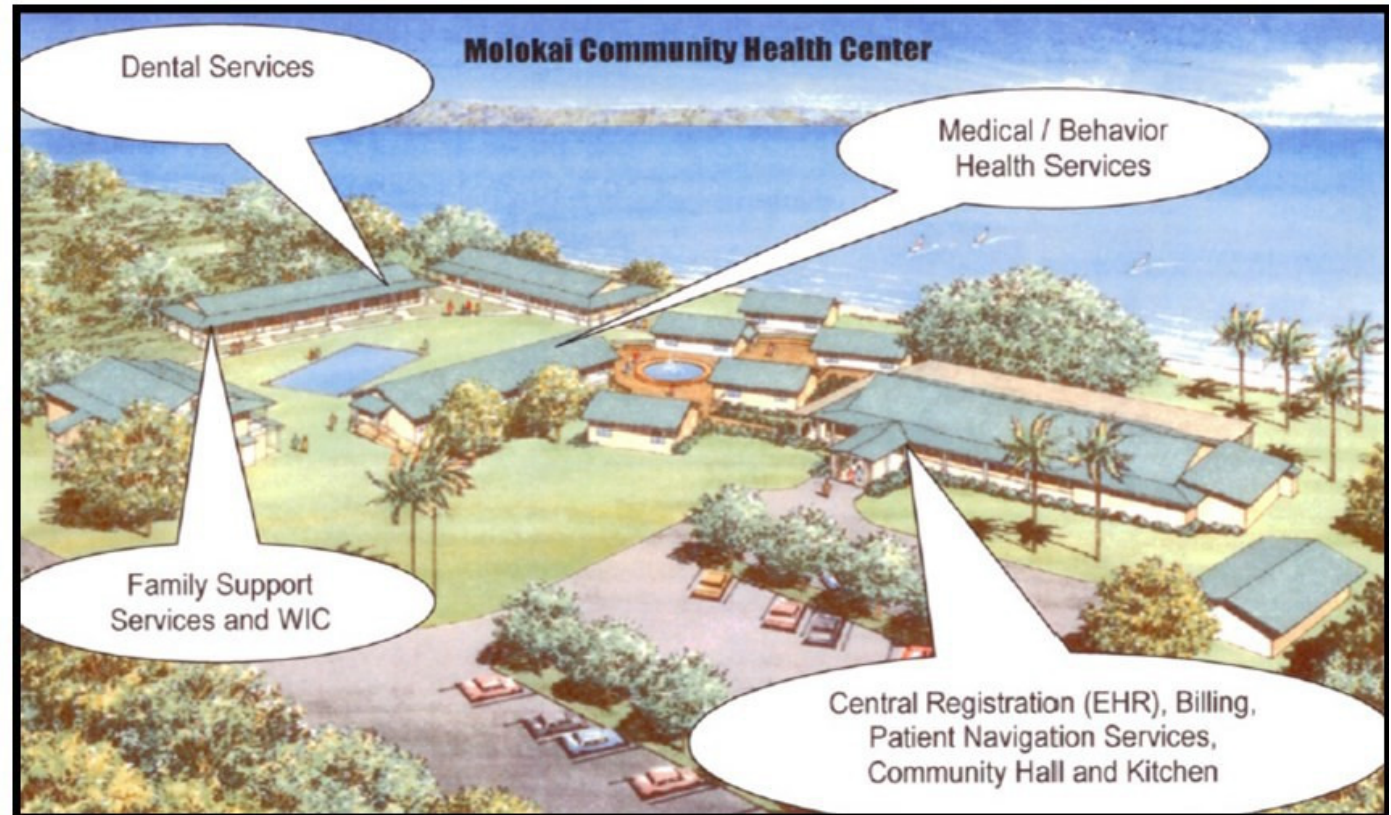


BACKGROUND

MCHC serves as a classic social safety net for the island's most vulnerable populations, emphasizing both holistic, preventative and patient-driven health care and professional collaboration with other health and human service organizations whenever necessary, to address the primary health care needs of Moloka'i's most at risk residents. MCHC is the first and only organization on Moloka'i offering integrated health services through a single door of access, regardless of insurance status and ability to pay.

CURRENT SERVICES:

- Primary health care;
- Dental health services;
- Behavioral health care including consultations, assessments, and treatments conducted by a licensed psychologist and licensed clinical social worker;
- Enabling services & Community Integration, which provide out- reach, community programs and workforce development support and screening for public insurance benefits.
- Basic laboratory services; blood draws, testing and screening, in partnership with Molokai General Hospital Diagnostic Laboratory Service
- Family Support Services: the Women, Infant, Child Nutrition program (WIC); Reach out and Read program; Specialty pediatric care & nutrition services.



Facility layout, 2013



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PHASE I - COMPLETED 2011

- ◆ Renovate critical structures at the new Oceanside Facility (Old Pau Hana Inn)
- ◆ Move Medical, Dental, Behavioral Health, Family Support, & Administration onto new campus





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PHASE II – COMPLETED 2015

- ◆ Renovate additional structures (small offices, admin, kitchen, pool) & add central deck
- ◆ Re-pave and bring parking lot to code
- ◆ Install ADA compliant walkways
- ◆ Install irrigation and landscaping



PHASE III - *FUTURE IS NOW, COMING IN 2020*

- ◆ Healthy Living Community Gardens & Cultural Space
- ◆ Traditional Native Hawaiian Hale
- ◆ Preventative health activities and areas
- ◆ A place for wellness



Prevention Activities:

- Gardening – *in progress*
- Cultural practices – *in progress*
- Walking
- Ocean activities
- Community gathering – *in progress*
- Healthy food / Cooking Demonstrations – *in progress*
- Commercial food production – *in progress*
- Exercise classes – *in progress*
- Outdoor environment
- La`au Lapa`au
- Youth camping



OUR PARTNERS -



Nā Pu'uwai
Native Hawaiian
Health Care System



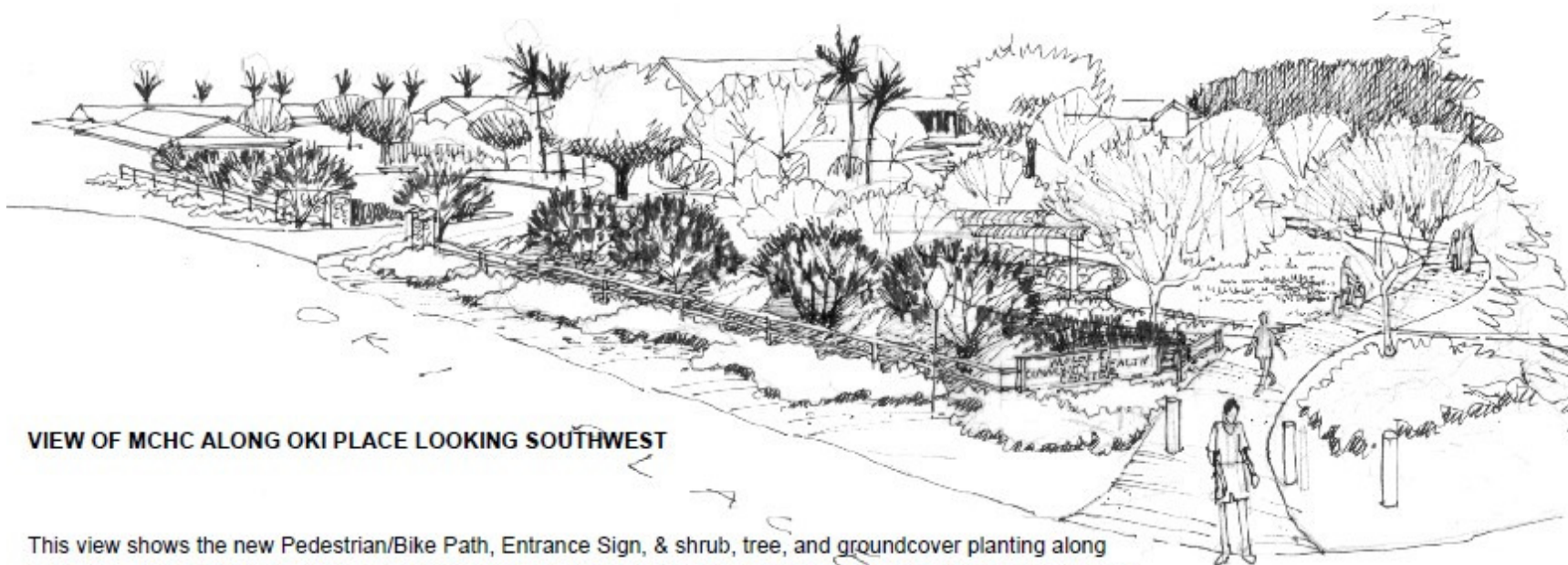


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Prevention is Key

Heart disease, stroke, and diabetes account for 36.6% of deaths in the U.S., which can be significantly reduced by changing just three risk factors -- decreasing smoking, increasing exercise, and improving healthy eating. Despite the high rates of preventable death in the United States, investment in prevention has been historically modest, accounting for only 4% of all health care expenditures. The good news is that community-based prevention programs work. An increasing body of evidence demonstrates that well designed interventions can change behavior and reduce both the incidence and severity of disease. In July 2008, Trust for America's Health (TFAH) published Prevention for a Healthier America, which demonstrated that modest investments in community-based preventions (\$10 per person) could result in dramatic health care savings (\$16.5 billion in five years).

"Prevention delivers real value as a cost-effective way to keep Americans healthy and improve their quality of life," said Jeffrey



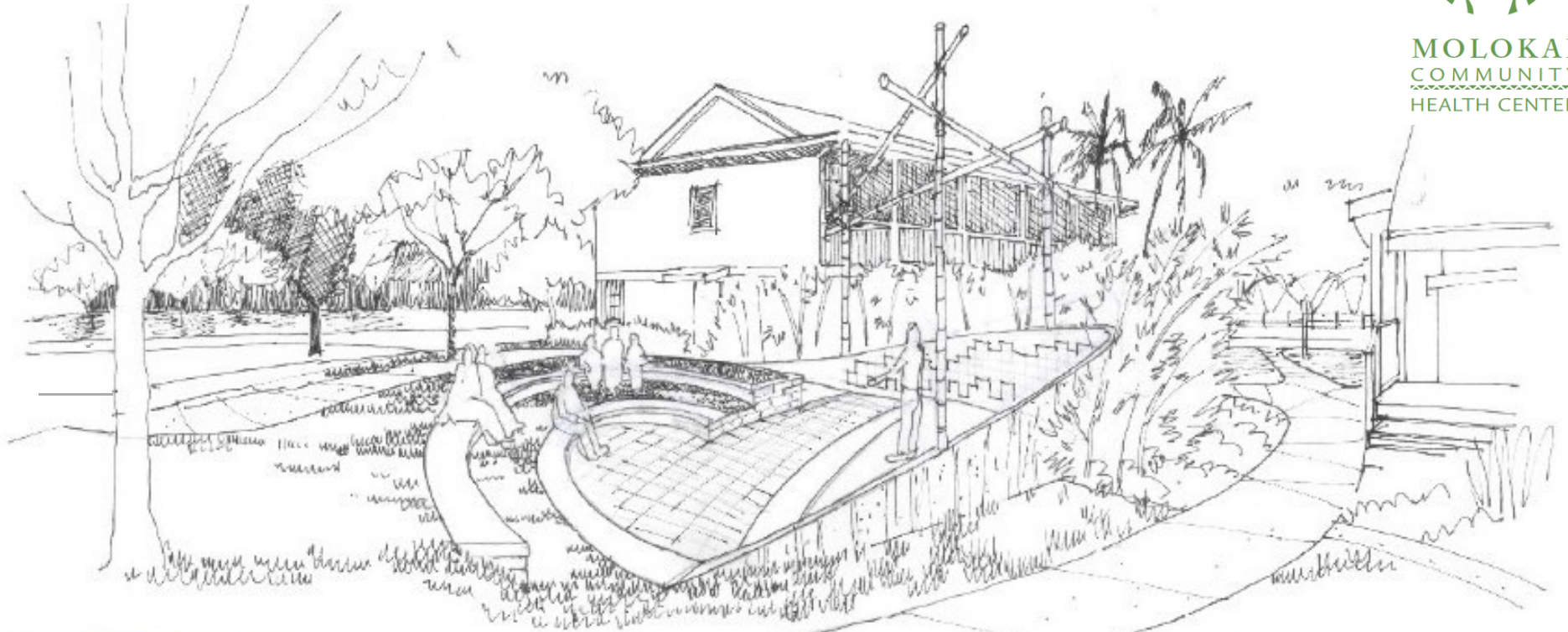
VIEW OF MCHC ALONG OKI PLACE LOOKING SOUTHWEST

This view shows the new Pedestrian/Bike Path, Entrance Sign, & shrub, tree, and groundcover planting along Oki Place. The existing fence is kept and extended to maintain the project character and to invite pedestrians into the property. The existing Plumeria tree planting is also maintained. The Pedestrian/Bike Path continues through the property to Beach Place on the west side of the property. Bollards are used to prevent vehicular access.

Levi, PhD, executive director of TFAH. "Everyone wins when we prevent disease rather than treating people after they get sick. Health care costs go down, our local neighborhoods are healthier and provide more economic opportunity, and people live longer, healthier, happier lives."



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GATHERING AREA NEAR ADMINISTRATION BUILDING LOOKING NORTHEAST

This area will accommodate small groups for meetings and performances. It will be a source of fund raising by the sale of memorial colored, lettered, locally produced ceramic tiles that are adhered to the concrete wall behind the stage. The stage area is accessed by a paved ramp and covered by a bamboo pole canopy that can be used to hang banners. The risers for the poured concrete seating are faced with local stone. The surrounding lawn blends into the seating area. The stage is backed by a screen of living bamboo.

